

## CLAIMS

I claim:

1. An apparatus comprising:

a toothpaste container portion;

a tooth brush portion; and

wherein the toothpaste container portion is attached to the toothbrush portion.

2. The apparatus of claim 1 wherein

the toothpaste container portion can be detached from the toothbrush portion.

3. The apparatus of claim 2 wherein

the tooth paste container portion and the tooth brush portion can be screwed together to attach the tooth paste container portion to the tooth brush portion and can be unscrewed to detach the tooth paste container portion from the tooth brush portion.

4. The apparatus of claim 1 wherein

the tooth brush portion is comprised of a plurality of bristles; and

wherein each of the plurality of bristles has a hollow interior through which tooth paste can flow.

5. The apparatus of claim 1 wherein

the toothpaste container portion has a chamber;

the toothbrush portion has a chamber;

and wherein toothpaste can flow from the chamber of the toothpaste container into the chamber of the toothbrush portion.

6. The apparatus of claim 5 wherein

the tooth brush portion is comprised of a plurality of bristles; and

wherein each of the plurality of bristles has a hollow interior through which tooth paste can flow;

and wherein toothpaste can flow from the chamber of the toothbrush portion and into the hollow interior of each of the plurality of bristles.

7. The apparatus of claim 6 wherein

Toothpaste can flow from the hollow interior of each of the plurality of bristles out through an opening in each of the plurality of bristles and thereby out of the apparatus.

8. A method comprising:

attaching a toothpaste container portion to a toothbrush portion.

9. The method of claim 8 further comprising

detaching the toothpaste container portion from the toothbrush portion.

10. The method of claim 9 wherein

the tooth paste container portion and the tooth brush portion are screwed together to attach the tooth paste container portion to the tooth brush portion; and

the toothpaste container portion and the toothbrush portion are unscrewed from each

other to detach the toothpaste container portion from the toothbrush portion.

11. The method of claim 8 wherein

the tooth brush portion is comprised of a plurality of bristles; and

wherein each of the plurality of bristles has a hollow interior through which tooth paste can flow.

12. The method of claim 8 wherein

the toothpaste container portion has a chamber;

the toothbrush portion has a chamber;

and wherein toothpaste can flow from the chamber of the toothpaste container into the chamber of the toothbrush portion.

13. The method of claim 12 wherein

the tooth brush portion is comprised of a plurality of bristles; and

wherein each of the plurality of bristles has a hollow interior through which tooth paste can flow;

and wherein toothpaste can flow from the chamber of the toothbrush portion and into the hollow interior of each of the plurality of bristles.

14. The method of claim 13 wherein

Toothpaste can flow from the hollow interior of each of the plurality of bristles out through an opening in each of the plurality of bristles.